# Active Learning vs. Passive Learning Teaching Skills To Cultivate



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# The Learning Pyramid



"a method of learning in which students are actively or experientially involved in the learning process and where there are different levels of active learning, depending on student involvement." Bonwell & Eison 1991





#### **Passive Learning**

A method of learning in which students receive information from the instructor and internalize it.



## What's to Gain?



Prather et al. 2009

Flipped Classroom in Astronomy: Galloway et al. 2016:

- Benefits knowledge learning gain ( $\bar{g} = 0.41$ )
- Significant reduction in overall fail rates (11-1,5%)



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#### Promoting equity in higher education STEM courses



Theobald et al. 2020



# Increasing or Decreasing student anxiety?

Active Learning has the potential to both increase and decrease student anxiety (e.g., Downing et al. 2020, Cooper et al. 2018c)

- Can increase anxiety if there is fear of negative evaluation in active learning activities (Social Situations, Graded Assignments)
- Active learning decreases student anxiety if they perceive it as enhancing their performance
  - Offers additional access for help from instructors & can learn 1. from other students
  - 2. Provides different approaches to learning





# An inclusive active-learning classroom

- Knowing other students in groups helped reduce fear of negative evaluation
- "Cold Calling" -> "Warm Calling" (Downing et al. 2020)
  - Give students time to think about answers with group •
  - Instructors being transparent about why calling on students who did not volunteer
- Instructors responses to student answers -> "Error Framing" •
- Build relationships with students, engaging students in activities, having • one-on-one conversations with students outside class







## What's to lose?

- Time Consuming
- Requires more spontaneous and flexible lesson plans
- Limits the amount of material that can be presented at one time
- Creates the potential for distractions if the students are not monitored
- Pre-class preparation needed



### Summary

- Active learning increases learning and decreases failure rates in college science courses (e.g., Freeman et al. 2014)
- classrooms (Theobald et al. 2019)
- With thoughtful implementation, active-learning classrooms can decrease student anxiety (e.g, Downing et al. 2020)



#### • Underrepresented Groups experience narrower achievement gaps in active-learning



#### Sources

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## Active Learning Activities Example: Think-Pair-Share



# **Restructuring Classrooms** Example: Flipped Classroms

- Designed to actively engage students with material and each other
- Emphasizes student self-direction
- Ongoing access to content
- More Teacher-Student Interaction

